



5 WAYS TO SAVE HEATING/AIR CONDITIONING

DID YOU KNOW?

Setting your thermostat back 10-15°F for 8 hours can save about 15 percent in annual heating costs. Together, heating and cooling make up about 46 percent of annual household energy costs.

CHECK OUT THESE 5 WAYS TO SAVE AND APPLY THEM AT HOME AND AT WORK AS YOUR FACILITIES ALLOW.

1. If technology permits, set your thermostat temperature slightly higher in the summer and slightly lower in the winter – even just 2 or 3 degrees will make a big difference in saving energy.
2. Ask your Unit Energy Manager (UEM) how to turn off or turn down the heat or AC when you leave your room or workspace.
3. Close window blinds on hot, sunny days to minimize solar heating and to keep your space cool. Open blinds on cool, sunny days to heat your space naturally.
4. Ensure that your windows are properly sealed so that heated or cooled air does not leak out. Report any drafty windows to your UEM.
5. Dress for the season as regulations permit. Wear layers to manage body temperature, and have a jacket or polypro available if a space is cool.

